

The Academy of the Holy Cross

Athletic Health Forms Notice

All student-athletes who wish to participate in interscholastic sports must have a current Medical Form turned into the Athletic Department for the school year prior to trying-out and conditioning with a team.

IMPORTANT NOTES:

The History Questionnaire and Consent Form must be completed (signed and dated) prior to the Athletic Physical Examination. Make sure to take all parts of the Medical Form with you to your physician during your Athletic Physical Examination.

*****The Athletic Physical Examination Form must be signed and dated by your physician.

Because of administrative protocol, you must submit your current Medical Form no later than the first day of sports try-outs.

Please be sure all information and signatures requested on the Medical Form are completed or they will be returned to you by mail and the student-athlete will not be permitted to participate either in try-outs, conditioning, practices, or games.

Mail completed Medical Form to:

The Academy of the Holy Cross

ATTN: Athletic Trainer

4920 Strathmore Avenue

Kensington, MD 20895

Medical Form can be obtained via the internet <http://www.academyoftheholycross.org/> under Athletics. ([Click Here for Forms](#))

If you have any questions, please feel free to contact me at 301-942-2100 ext. 204 or by email to <mailto:rsorlouangsana@academyoftheholycross.org>