

## ATHLETIC TRAINING POLICIES

- All students are required to have completed medical forms and physical examinations on file with the school prior to participation in any pre-season athletic practices or games. Medical forms and physical examinations are due August every year.
- Physical MUST be dated after JUNE 1.
- Any athlete seen by a physician for condition(s) that will affect their athletic performance is not permitted to resume practice and/or game without written release from the treating physician.
- All significant injuries incurred during practices should be reported immediately to the Athletic Trainer.
- Injured athletes are not permitted to resume practice without being released by the Athletic Trainer.
- Athletes are responsible for cleaning up after themselves in the training room; this includes returning all heat packs where they belong and disposing of any trash brought in.
- Athletes will respect the Athletic Training staff and all other athletes in the training room.
- Athletes are not permitted to treat themselves without the presence of an Athletic Trainer.
- Athletes must respect all equipment in the training room and are not allowed to use any equipment without permission from the Athletic Trainer.
- Students may not use cell phones or any electronic device while the Athletic Trainer is evaluating an injury.