

## Baseline Concussion Testing

You will use the following link to get to the website: [https://app.xIntbrain.com/enter\\_code](https://app.xIntbrain.com/enter_code)

Once there, use the code, Tartan Athlete, to sign up.

Next, you will create an account with your school email and a password of your choosing. For incoming freshmen and transfer students who have not received school email, you can use your personal email and change it at a later time.

Next, you will watch the 9 min 50 sec video and then complete the 5 questions true or false quiz.

Once you pass the quiz, you will update your profile with more information. You will then accept the terms and conditions, and finish registering.

You will then add whatever team you will be trying out for. This can be changed later if need be.

After all that, then it will ask you to start the Baseline. There is another video to watch and this goes through what to expect in the test.

**Please READ THE INSTRUCTIONS CAREFULLY. MAKE SURE YOU UNDERSTAND THEM BEFORE STARTING EACH SECTION.**

I attached more detailed instructions if you get confused.

If you have any questions, please let me know. Also, once you have completed the baseline please send me an email.

# Join Academy of the Holy Cross on XLNTbrain

The XLNTbrain Passcode for Academy of the Holy Cross is: TARTAN ATHLETE

## Athlete Registration

Go to [XLNTbrain.com](http://XLNTbrain.com), click "Sign Up" and enter the passcode above to begin your registration. Click "Join as an Athlete"

after you complete your registration, and then follow these steps:

1. View concussion awareness video and pass brief video quiz
2. Update profile info & accept terms and conditions
3. Manage your teams
4. Take the XLNTbrain Baseline Test

The XLNTbrain Baseline Test takes approximately 25 minutes and is important for your healthcare provider to use as a baseline to compare for your recovery. It is important for you to take the test seriously and be in an environment free of distractions as you test. If you perform poorly on the test, you may be asked to repeat the test.

## XLNTbrain Baseline Test Quick Guide

Please sign into your account on <http://app.xlntbrain.com/>.

Once you've signed in, click the link near the top of your screen that asks if you want to take the test now. Please start the test by selecting the "Click here to Start your Cog Test" button.

Please keep in mind that the XLNTbrain-Cog test is for Athletes only.

## Guardian Registration

Go to [XLNTbrain.com](http://XLNTbrain.com), and enter the passcode above to begin your registration. Click "Join as a Guardian" after you complete your registration. With your first-time sign-in, you will view a short concussion awareness video. After reviewing the video and passing a brief video quiz, you will need to add your athlete as a dependent. Then you will be able to access your athlete's profile, where you may monitor the progress of your athlete within XLNTbrain.

To add your Dependent, please look on the left hand side of your Dashboard you should see a tab called "Relationships".

Click on that tab and then click "Add Dependent". You will need to enter your Athlete's XLNT Brain ID in the box. If you enter your Athlete's name it will not work. Your Athlete's XLNT ID is listed on their account when they are logged on, in the upper right hand corner. It will look like this: XLNTbrain ID : ZWE2NDU4M, except with your Athlete's ID of course. Once you enter

your Athlete's XLNT ID, click the "Add Dependent" button and that should link your accounts. You may need to refresh your page or log out of your dashboard and log back in to update the information your dashboard shows.

#### XLNTbrain Help

Click on the "Help" button at any time to ask for help. Please note this is not a Live Chat. However a support representative will respond to your request as soon as possible. You may also email Ms Hagler with questions at [bhagler@academyoftheholycross.org](mailto:bhagler@academyoftheholycross.org).